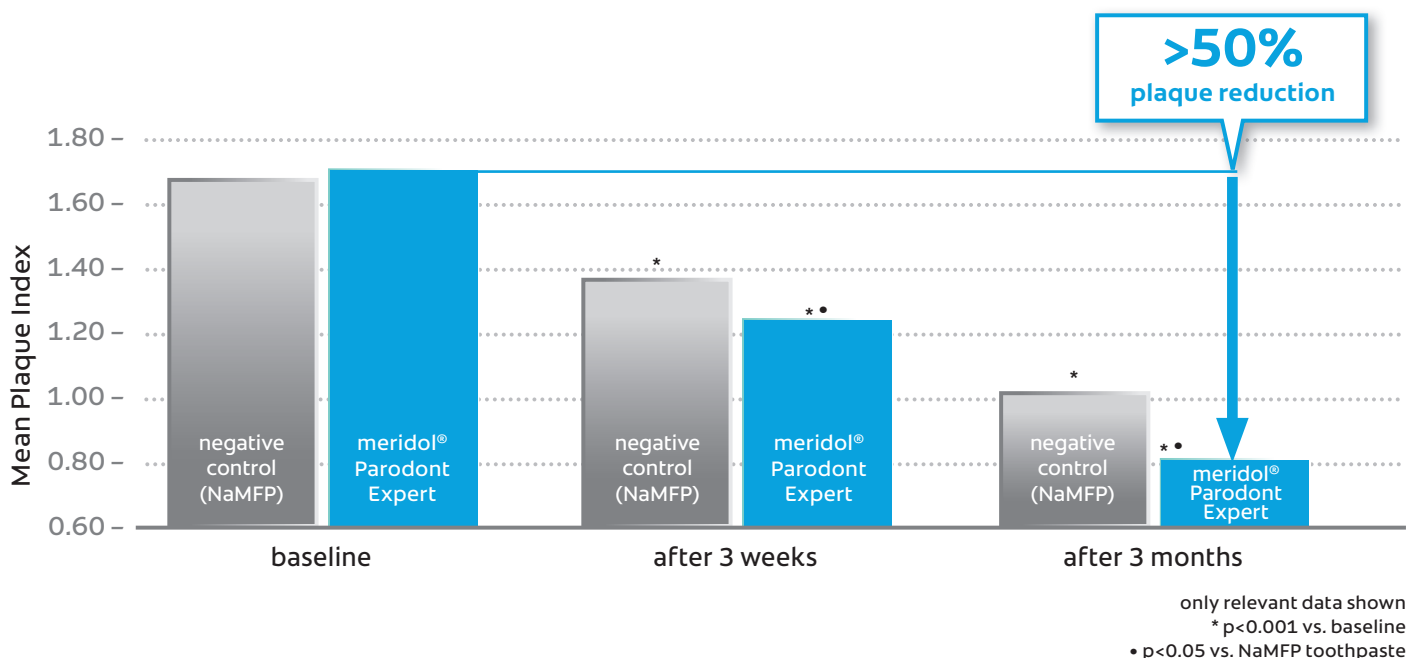


meridol® Parodont Expert Toothpaste: Plaque-reducing efficacy proven in gingivitis patients

RESULTS



Antibacterial effect (= reduction of Mean Plaque Index) was measured after twice daily usage of toothpastes in gingivitis patients:

- meridol® Parodont Expert provides significantly greater plaque reduction compared to a regular fluoride toothpaste after 3 weeks and 3 months
- This proves the superior anti-bacterial efficacy of meridol® Parodont Expert toothpaste in a long-term clinical study

CLINICAL STUDY ESSENTIALS

- **double blind, randomised, parallel group study**
- **237 participants** with gingivitis completed the study
- **3 month study duration**
- Performed at the **Universitätsklinikum Carl Gustav Carus an der TU Dresden, Poliklinik für Parodontologie, Dresden, Germany**
- Data on file

IMPLICATION FOR PRACTICE

Recommending the daily use of meridol® Parodont Expert toothpaste significantly reduces plaque in patients with gingivitis.

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SUPPLEMENTARY REVIEW INFORMATION



PRODUCTS UNDER INVESTIGATION

- **Control group:** toothpaste with 1.400 ppm F⁻ from sodium monofluorophosphate toothpaste (NaMFP), meridol® toothbrush
- **Test group:** meridol® Parodont Expert toothpaste with 1.400 ppm F⁻ from amine fluoride, meridol® toothbrush



STUDY PARTICIPANTS

240 participants (83 male and 157 female) aged 18 – 65 years with gingivitis.



METHODS

Plaque index (PI, according to Silness and Loe 1964), Gingival Index (GI, according to Loe 1967), and Modified Sulcus Bleeding Index (mSBI, according to Mühlemann and Son 1971) were assessed to determine plaque, gingivitis, and bleeding, respectively.



TRIAL PROCEDURE

1. Baseline examinations of PI, GI, and mSBI
2. All participants were randomly assigned to control and test group.
3. Participants were instructed to brush twice daily for 2 minutes with the allocated toothpaste and toothbrush at home.
4. Clinical assessments were performed after 3 weeks and 12 weeks (= 3months).



CONCLUSION

meridol® Parodont Expert toothpaste is significantly more effective in reducing plaque compared to a regular fluoride toothpaste in patients with gingivitis after 3 weeks and 3 months.

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